

**Date:** October 2006

- I. Course Name:** Adolescent Psychology  
**Prefix and Number:** PSY 205  
**Credit Hours and Contact Hours:** 3 credit hours – 3 contact hours  
**Catalog Description:**

This course that provides an overview of human development during adolescence. Biological, cognitive and socioemotional development during adolescence are studied. Families, schools and cultures are emphasized as contexts for development. Prerequisite: PSY 100.

**II. Course Objectives and Outcomes**

1. Students will demonstrate understanding of normal adolescent biological, cognitive and socioemotional development during class discussion, informal writings and objective tests.
2. Students will demonstrate understanding of risks to adolescent development by reviewing books or articles that discuss these risks.
3. In class discussions, and informal and formal writings, students will analyze the impact of families, schools and culture on adolescent development.

This course can be taken as a general elective or social science elective for the Liberal Arts A.A. or A.S. degree.

College Competencies. Adolescent psychology addresses the competencies of writing, critical thinking, valuing and professional competence.

**III. Methods of Instruction**

- Types of course materials: textbook, video clips, articles.
- Methods of instruction include lectures, group projects, audiovisual presentations, interactive games and reading assignments. Students are expected to participate in class activities such as discussion of readings and informal writings and to read their writings in class.
- Assessment measures: Upon completion of the course students knowledge of normal adolescent development in contemporary America will have been assessed.
- Method of evaluation: examinations, quizzes, portfolio of informal writing, book review or extended essay, participation and attendance.

**IV. General Outline of Topics covered**

- Introduction to adolescent development
- Puberty
- Thinking in adolescence
- Contexts of development
- Self and identify
- Gender and the expression of sexuality
- Moral development and values
- Achievement
- Pathology