

Dear Student:

The Office of Admissions has informed us of your acceptance into our two-year Associate Degree Nursing Program. We are very pleased to welcome you to Finger Lakes Community College and to the Nursing Program. It is imperative that you **pay close attention to all information contained in this letter.**

1. For those of you who were not eligible to pre-register for the Fall semester, it is important that you follow the instructions in the portfolio you received from the Admissions Office in order to register.
2. Your Health History and Immunization forms must be completed and sent to Student Health Services at FLCC by the date indicated in your Admission Packet. **Failure to comply with the immunization and physical exam requirements may result in your being de-registered.**
3. A four-day course – GST 141-Basic Math Concepts for Nurses – will be offered during the summer for students who would like to brush up on their math skills which will be needed for medication dosage calculations. Students will receive one (1) elective credit upon successful completion of this course.
4. Current CPR certification is required for all clinical courses. The certification must be current at the beginning of each semester and must not expire before the end of each semester's clinical rotation. Only the following CPR course will meet this requirement:

❖ **BLS for the Health Care Provider** offered by the American Heart Association
5. You must purchase the NUR 100 outline, appendix and clinical packet at the Bookstore. They should be available by mid August. Required textbooks, which you will also need to purchase, are listed in the course outline. **You must bring the NUR 100 outline, appendix and clinical packet with you the first day of class.** You do not need to bring your textbook to class.
6. Enclosed is information where you may purchase your **uniform** and which you must have ordered by **August 5, 2011.** Also enclosed are guidelines pertaining to students' dress code for clinical.

OVER- →

7. You will not be assigned to an area hospital until September 7, 2011 but will be required to attend class on campus during this time. Please be aware that you will need to provide your own transportation to clinical.
8. The schedule for the first week of class will depend on which **section** of NUR 100 for which you are registered. Pay close attention to your section #:

DATE	Section / Description	Time	Room #
Mon. Aug. 29	01 orientation to Lab	8:00 – 9:50 AM	B – 358
	All Sections - Lecture	10:00 – 11:50 AM	D – 216
	02 orientation to Lab	1:30 – 3:20 PM	B – 358
Tues. Aug. 30	01 & 02 Communicating Effectively	8:00 AM – 12:00 PM	O – 410
	03 Seminar	8:00 – 10:00 AM	B – 390
	04 Seminar	10:00 AM – 12:00 PM	B – 358
Weds. Aug. 31	03 orientation to Lab	8:00 – 9:50 AM	B – 358
	All Sections - Lecture	10:00 – 11:50 AM	D – 216
	04 orientation to Lab	1:30 – 3:20 PM	B – 358
Thurs. Sept. 1	03 & 04 Communicating Effectively	8:00 AM – 12:00 PM	O-410
	01 Seminar	8:00 – 10:00 AM	B – 390
	02 Seminar	10:00 AM – 12:00 PM	B – 358

Please note: This is the **only** copy of this letter that will be mailed to you. It will be posted on the FLCC Web site at: www.flcc.edu/NursingDepartment.

We are looking forward to meeting you in the Fall. If you have any questions, please do not hesitate to call the Department of Nursing office at (585) 785-1345.

Assignments in preparation for 1st and 2nd day of the semester: Taylor chapter 1, and Perry and Potter chapter 3 & 4, Mosby, Nursing Skills CD Bedmaking – Making the Occupied Bed

Sincerely,

Nancy Clarkson, Professor & Chairperson
Department of Nursing

Enclosures

xc: Lori Miller, Lead Teacher, NUR 100

B. DRESS CODE:

The Nursing Faculty believe that a professional appearance reflects positively on the college and the Nursing Program as well as the Nursing profession. The purpose of the clinical dress code is to maintain a professional image based on safety requirements and infection control. Students may wear their FLCC Nursing uniform only in the clinical area. A student shall appear at his/her clinical facility in the appropriate uniform.

General Uniform Requirements

1. Identification shall be worn at all times.
2. Uniforms are impeccably clean and neat.
3. Soiled and/or wrinkled uniforms are inappropriate.
4. Uniform pants or skirt must be of white opaque cotton or cotton blend material. Knits are not allowed.
5. Pants must be ankle length. The following are not allowed: jeans, leggings, capris, jumpsuits, stirrup, stretch, or ankle-cuffed pants.
6. Footwear must be all white, clean shoes or sneakers; nursing shoes are preferred.
7. If laces are worn, they must be white.

Females:

1. The uniform is to be the pre-selected FLCC style. The FLCC insignia will be placed on the left sleeve.
2. Uniform may be dress, skirt or pants.
3. Dress or skirt is to be no shorter than the back of the knee or longer than the mid-calf.
4. With dress or skirt plain white nylons/pantyhose are to be worn; with pants white socks/stockings are to be worn. No socks are to be worn over hose with dress uniforms.
5. Slips are worn with dresses and skirts.

Males:

1. The uniform is to be the pre-selected FLCC style. The FLCC insignia will be placed on the left sleeve.
2. White socks shall be worn.

General Appearance Requirements:

1. The uniform is to fit loosely and appropriately. Uniforms that cling or are too tight will not be permitted.
2. Undergarments are to be worn and should not be visible through the uniform.
3. Sweatshirts are not allowed.
4. White, unadorned, round-neck, t-shirts may be worn under the uniform shirt.
5. The pre-selected, FLCC style, scrub jacket may be worn over the uniform.
6. Shoes with high tops, high heels, open toes, or open backs are not approved. Brand names on shoes should be inconspicuous.
7. Hair should be appropriately arranged off the face and secured for the duration of the clinical. If shoulder length or longer, the hair must be secured to avoid falling forward. Hair should be groomed prior to entering the healthcare agency and should remain secure until leaving the agency. Plain hair barrettes are appropriate. Bangs are above the eyebrows. Dreadlocks or swinging/unsecured pony tails, pigtails or braids are not acceptable. Highlights and dyes should be natural colors only; there should be no stripes, no fluorescent colors, and no extreme colors.

8. Beards, mustaches, and sideburns are kept clean and neatly trimmed. In areas requiring asepsis, beards, mustaches, and sideburns should be properly covered in accordance with aseptic principles.

Jewelry, Cosmetics, and Nails:

1. Visible jewelry is limited to:
 - a. A watch that measures seconds.
 - b. Simple band and/or engagement ring that does not present a hazard in the clinical setting.
 - c. **One pair of** small stud and/or small ($\leq \frac{1}{2}$ inch) hoop earrings. No other earrings or body (e.g. tongue, eyebrow, nose, chin, etc.) jewelry is acceptable.
2. Make-up worn during clinical must be subtle.
3. Fragrances should not be worn in the clinical setting. Students may not enter the clinical setting smelling like cigarettes and/or other tobacco products.
4. All fingernails shall be no longer than the fingertips. Nails shall be well groomed. Clear polish without adornment is acceptable, if not chipped. Artificial nails/overlays and jewelry adornment may not be worn.
5. Tattoos are to be covered or unobtrusive.

Dress Code for Psych-Mental Health (NUR 204)

1. Business casual attire, clean and in good repair.
2. Shoes will be safe, quiet, supportive and sensible, closed or strap back with non-skid soles and heels no higher than 1 $\frac{1}{2}$ inches.
3. Stockings or socks shall be worn at all times.
4. All other clinical dress code policies apply.

Dress Code for Public Health Nurse Visitations:

1. Dark colored slacks or skirt (no jeans).
2. White blouse or shirt.
3. Shoes will be safe and quiet supportive and sensible with heels no higher than 1 $\frac{1}{2}$ inches. No sneakers.
4. All other clinical dress code policies apply.

Open Tuesday thru Friday

10:00 to 5:00

Saturday 10:00 to 3:00



Uniforms

“The Uniform Shop On Main Street”

137 South Main Street Canandaigua, New York

585-905-0406

Genundewah@rochester.rr.com

2011 FLCC Student Nursing Uniforms



A bias crossed v-neck features a slightly curved front yoke, front princess seams, front patch pockets, cell phone pocket, elbow length sleeves with notched turn back cuff, 1/2 back elastic and side vents. Center back length 26"
Fabric: Cotton/Poly, Poplin, Soil Release



Short sleeve mock wrap, Johnny collar top. Two side seam pockets and one front faux flap pocket with pin tucks. Side vents. Center back length 26".
Fabric: Brushed, Cotton/Poly, Soil Release



The weskit buttons down front and is shaped in the center back with shirred elastic. Two patch pockets as well as a cell phone pocket complete the picture. 24 3/4" center back length.
Fabric: Poly/Cotton, Soil Release



Men's zip front jacket sports a lapel collar, chest pocket and two patch pockets. Center back length 30 1/2".
Fabric: Poly/Cotton,Soil Release



Unisex V-Neck top has one chest pocket and two patch pockets. Side vents. Center back length 29".



Comfortable elastic waist, pull-on twill pant sports two slash pockets. Great for the healthcare professional or for the medical student. Inseam 30".
Poly/Cotton,Soil Release Additionally available in Tall and Petite



Side vents at the bottom of this flare leg pant make a fashion statement. An adjustable front drawstring, back elastic waist, slash pockets, one back patch pocket, and side vents are also featured. Additionally available in Tall and Petite



This basic elastic waist, pull-on pant features two slash pockets. Inseam 30".
Additionally available in Tall and Petite



Button front, cardigan warm-up with two patch pockets, one cell phone pocket, and matching knit cuffs. Center back length 29".
Fabric: Poly/Cotton, Soil Release

Optional

\$25.95 – \$27.95

Includes embroidered FLCC Logo



Elastic waist "Boxer Skirt" with side pockets. 27.75" center back length.
Poly/Cotton, Soil Release

\$19.95

2011 Nursing Package Pricing.

The package includes One (1) top, one (1) pair of pants, from the ones listed above the FLCC patch applied to the top, and the FLCC name tag.

*Price of the package is **\$65.00** which includes tax and the Student Discount.*

Please ask for the FLCC Nursing Package.

For Shoes we carry the Nurse Mates, Sketchers and Rockers by Cherokee. The prices on the shoes range from \$55.00 to \$75.00 depending upon the brand and the style.

We offer a full line of instruments such as MDF and Littmann Stethoscopes, Blood Pressure Cuffs, Scissors, Penlights and Nursing watches.

We carry nurse's bags, socks, hose and many other items that will complete your uniform requirements.

All FLCC Students receive a 10% student discount on the purchase of additional items when they present their student I.D. Card.

Save the Date

You and Your Families are Invited to FLCC's Freshman Nursing Orientation

Thursday, August 25, 2011 2:30 PM – 4:30 PM

The Nursing Faculty and sophomore students would like to welcome you and provide you with information to help make your semester successful.

Agenda

2:30 Check-in (Stage 13)

2:45 Welcome
Nursing Program Overview

3:15 Break

3:30 Students Get Organized Presentation for Students

Sophomore students will provide guidance and tips for getting organized and staying organized

Bring: your NUR 100 syllabus, appendix and clinical packet (available from the book store mid August)

3 ring binders – (1) 1 ½ binder (clinical) and (1) 3" or larger binder (class)

Page dividers – at least 12 dividers

Paper and pen

Calendar (assignment notebook) to organize dates

Extra notebook paper to take notes on

Optional: post-its

Family/nonstudents

Panel discussion by current NUR 202 students and their family members: "What to expect when your loved ones are in nursing school", time commitment & ways to decrease stress.

4:15 Closure