

PHYSICAL EDUCATION

The philosophy of the Physical Education Department is based on the belief that all students, regardless of their interest, age, sex, ability or disability, can benefit from the opportunity to participate in the Physical Education program at FLCC. Commitment to this belief is demonstrated by the broad selection of courses offered by the Physical Education Department. The courses are designed to meet a variety of student needs. The Physical Education Department adheres to a **no waiver policy**. This policy states that credit is granted under the following conditions:

1) Transfer credit is awarded by the Registrar's Office when an official transcript is received and an evaluation completed. Transfer credit for physical education courses will be granted if the student's transcript shows a grade of C- or better; or a grade of S=Satisfactory, or P=Pass was awarded by another accredited college or university. Transfer credit will be awarded based on credit earned or successful hours completed. Personal enrichment courses will not transfer as physical education credit.

2) A selection of courses is available for students who for medical or physical reasons cannot participate. The department currently offers any student on-line instruction for the following courses:

PE 164	Stress Reduction Through Exercise
PE 212	Health
PE 230	Philosophy, Principles, and Organization of Athletics
PE 231	Theory and Techniques of Coaching
PE 232	Health Sciences Applied to Coaching

Other courses such as PE 110 Physical Conditioning, PE 112 Yoga, PE 117 Weight Training, PE 121 Walk/Jog, PE 106 Bowling, PE 190 Care and Prevention of Athletic Injuries, PE 122 Concepts of Wellness, and/or PE 214 Responding to Emergencies can be modified by the instructor to meet the needs of the student.

3) A student who completes Emergency Medical Services courses: EMCR 130 Certified First Responder, EMCR 200 Emergency Medical Technician or a higher level EMS credit course will be granted up to 3 credits of Physical Education. Contact the Department Chair with proof of completion of any Emergency Medical Services course.

4) The Physical Education Department adheres to the guidelines set forth in The American Council of Education's Guide to Evaluation of Educational Experience in the Armed Services. As of 9/79, it is recommended that four (4) credits of Physical Education be granted for completion of Basic Military Training. The student must present his/her military discharge papers (DD 214) to the Registrar's Office in order to verify military service.